



It's Going On

Revised on January 13, 2022

Alix and Area Community Resource Centre (403-396-3369) alixmirrorwellness@gmail.com	
Adult Workout Sessions (January 10, 13, 17, 20, 24, 27, 31 and February 3, 7, 10) Pop-up Dates Added (January 28 & February 4)	Did you get a chance to join in yet? If you want to attend any of the scheduled sessions or Pop-up dates, but cannot commit to a package, you can now drop-in, for \$10 per class. ** If you are age 65+ OR if you have already signed-up for a package, Pop-up dates can be attended as a bonus, for Free. Cost- Ages 65+: Free; Ages 18-64 Packages: \$50 for 6 OR \$75 for 12; Ages 18-64 Drop-in: \$10 each. Pop-up Dates: Friday, January 28 & February 4, 6:30PM-7:30PM. Regular Schedule: Monday, 5PM-6PM; Monday, 6:15PM-7:15PM; Thursday, 5PM-6PM. These facilitated boot-camp style fitness classes run from January 3 to February 10. All fitness levels are welcome. Please bring a yoga mat if you have one.
Available at the Centre	Contact us to book an appointment, to learn about supports or to get connected to community resources including where to find local information and for help with forms, technology, printing, photocopying or faxing. Food hampers can be accessed from the Alix Food Bank, located at the Centre. Our space has expanded to include Bay 1 and Bay 2. Visit online, www.alixrc.com , for more details. ☒
Baby Clinic (January 20)	The next scheduled Baby Clinic is on January 20 and newly located at the Centre. On the third Thursday of the month, routine child immunizations can be booked. Call Lacombe Community Health Centre directly, to book (403-782-3218). Note: This only applies to children 6 months or older, to book routine immunizations.
Centre Hours	We are located at Bay 1, Railway House, 50 Ave. in Alix. Our hours are Monday - Thursday, from 10:00 AM - 4:00 PM. The Bay 2 door is locked, except during scheduled activities.
Community Wellness Service Additions	NEW community wellness services are available at the Centre. For registered massage, cupping and foot reflexology, by Henna Rose Massage & Aesthetics, contact Melissa (403-505-1324). Contact Amanda (403-352-0788), for services by Sole Image Rejuvenation including certified reflexology, Indian head massage, Kansa face massage and subtle aromatherapy. To book a service or to learn more please contact providers directly.
After-School Programming (January 11, 12, 13, 18, 19, 20, 25, 26 and 27)	This free, drop-in program is for children, ages 8+, to have fun, socialize, play games, do crafts and relax. Hosted at the new Community Connections Activity Centre (Bay 2), every Tuesday/Wednesday/Thursday from 3:30PM-6:30PM. A light snack is provided. A one-time waiver and registration form is required for after-school programming. Forms can be signed at drop-off or pick-up on the first day of attendance. You do not need to re-register your child. Contact us for more information.
Facility Use- Book Now	Do you need extra space for group activities, an upcoming event, birthday party, to offer a service of meet with your clients? Our facility has several offices, a large meeting room and recreation area are available for use. Booking for wellness based services will be given priority. The fee is \$25/ space per day, please contact us for more details.
FRN- Ignite (January 17)	On Monday, January 17, from 3:30 PM - 5:00 PM, take part in Lego activities hosted at the Community Connections Activity Centre (Bay 2). For ages 7-13. Snacks are provided and a FREE Lego kit will be given to those who attend. To register: karen.white@mcmancentral.ca OR 403.896.3408.
FRN- Impact (January 31)	On Monday, January 31, from 3:30 PM - 5:00 PM, take part in virtual reality activities, hosted at the Community Connections Activity Centre (Bay 2). For ages 14-18, snacks provided. Watch for more details coming soon. To register: karen.white@mcmancentral.ca OR 403.896.3408.
Healthy Living Workshops (Visit Online for Winter Course Dates)	Learn how to live healthier and how to prevent/ manage a chronic condition through the free AHS Alberta Healthy Living Program. Courses are available via Zoom or phone. To register or learn more call 1-877-314-6997. Course schedules and details are available online, https://www.albertahealthservices.ca/assets/programs/ps-cdm-central-ahlp-program-guide-current.pdf . Contact us for help to register or for technology support.
Introducing... Community Connections Activity Centre	Facility upgrades in Bay 2 are complete. We are proud to introduce the new, Community Connections Activity Centre! This facility will host community events, be available to rent and run programming for Children, Youth, Families, Seniors & Adults.
Learning Supports- Tutoring is Available	The Extended Learning Program offers tutoring services by appointment, sign up now; this service is free for K-12 students and includes online or in-person options, study space and technology support. Adult learning opportunities are available by appointment, through Bashaw Adult Learning; a free program supporting adult learners to gain basic life skills or competencies, upgrade education, pursue career training, improve literacy or learn English as a second language. Contact us to make an appointment.
New Program: Community Cooking (Begins on January 13)	Get out of the house and help make meal-time easier! Take part in Community Cooking on Thursday evenings, from 7:00 PM - 9:00 PM, where meals will be prepared and taken home for future cooking. This is for any adult/ senior and runs over 6 sessions on January 13, 20, 27 & February 3, 10, 17. Cooking plans and schedules will be based on participant preferences and needs. On Thursday, January 13, come for Coffee/ Tea & Sweets to discuss plans! Book your spot by January 3. The cost is by donation, a one-time waiver will need to be signed to participate. On-site childcare is available if needed. Hosted in the new Community Connections Activity Centre (Bay 2).
New Program: Kids Cooking (Begins on January 7)	This is full but you can still sign-up for the next sessions, which will be hosted after these dates finish. Learn some skills and have fun in the kitchen, for children ages 7+. This program runs over 6 sessions on Fridays: January 7, 14, 21, 28 & February 4, 11, from 3:30 PM - 5:30 PM. Each session will introduce a new skill and recipe to taste (any extras will be sent home)! Book your spot by January 3. This program is free, a one-time waiver will need to be signed to participate. Hosted in the new Community Connections Activity Centre (Bay 2).
New Program: Senior Cooking (Begins on January 11)	Come together to cook, share recipes, food and company! Senior Cooking runs on Tuesdays for 6 sessions: January 11, 18, 25 & February 1, 8, 15, from 1:00 PM - 3:00 PM. Plans for each session will be flexible based on participants input. On Tuesday, January 11, discuss plans and enjoy Flapper Pie & Coffee/Tea! Book your spot by January 3. This program is free, a one-time waiver will need to be signed to participate. Hosted in the new Community Connections Activity Centre (Bay 2).
One-on-one Appointments - Resource Navigation	This service is for individuals and families to help with navigating any needed resources and supports, while providing guidance each step of the way to reach goals and to meet needs. Referral can be made to partner organizations where necessary. Call us to schedule a time or email, alixwellness@gmail.com .
Senior Services: Aging in Your Community	Do you need help to learn about health and social supports for you or a loved one? Our dedicated staff can help you create a plan that will give greater control over independence and quality of life, offered in partnership with the New Horizons For Seniors Program. Please contact us for form support, to sign up for Wise Owls, Home Support, book Meals on Wheels, access Lifeline services or to hear more about other programs available to seniors.
Senior Fun (January 6, 13, 20 and 27)	Come to the Centre for connection, socializing, activities, games and more every Thursday from 1:00 PM - 3:00 PM. Every 1st Thursday is BINGO. Free to attend, please contact us for more details.

Services for At-Home	Services include Home Support (lawn care, snow removal, errands & delivery, grocery shopping, light cleaning and laundry) and Meals on Wheels (monthly menu to choose from and hot & frozen options). If you need help with daily activities or with meals, please contact us for more details and pricing.		
Standard First Aid- CPR Level C (Register by January 15)	Register for Standard First Aid- CPR Level C, by January 15. This is a blended course, with the practical portion scheduled for January 29, at 8:00AM. The theory will be online and has to be completed before attending (there will be a knowledge evaluation at the end of the practical portion). Cost: \$160 per person. Hosted at the Alix and Area Community Resource Centre (Bay 1). Contact us to book		
Support for Families	Programming is available by appointment or in-home delivery, for families and parents-to-be. Referral to youth services and support can be arranged. All support is free, voluntary and flexible based on individual or family needs. For more information please contact us.		
Wise Owls- Senior Services	Wise Owls is a new program designed to support seniors within their home. The goal is to assist clients to maintain a healthy, happy lifestyle. We will work to ensure there is a care plan set in place that best suits the client's unique set of needs. Service packages can include friendly visiting, menu planning & preparation, pet care, errands & social assistance, support liaison and home support. All service interview assessments are free. Hourly rates are available for when "one-time only" supports are needed. Contact us for package pricing and more details.		
Youth Counselling- By Appointment (January 18 & February 8, 22)	Generalized youth counselling services, for ages 13-17, are now being offered by a Registered Psychiatric Nurse, BA Child & Youth Studies. Call ahead to schedule your appointment. *Parental consent is required.* Contact us to book an appointment or for more information.		
Alix and District Drop Inn Centre (403-323-1313)			
Hours (Closed on December 25 and January 1)	Drop-in for coffee, games, cards, puzzles and company on Monday, Wednesday and Saturday, from 1:00 PM - 3:00 PM. Please contact Willy Bevan for more information.		
Alix Arena (403-391-8849)			
Birthday Skate (January 1)	Saturday, January 1, join us from 2:00 PM - 4:00 PM for our birthday skate! Cake and hot chocolate will be served.		
Shinny and Public Skating	Adult Shinny is on Friday from 8:15 PM - 9:30 PM, Public Skate is on Sunday from 1:00 PM - 2:15 PM and Family Shinny is on Sunday from 2:15 PM - 3:30 PM.		
Alix Community Hall Board (403-350-4706)			
Pancake Breakfast (January 2)	On the 1st Sunday of the month, January 2, come out for pancakes, HAM, eggs and beverages from 9:00 AM - 12:00 PM. Breakfast is \$7 per person and children 6 and under eat free. AHS restrictions apply.		
Pancake Breakfast (January 16)	On the 3rd Sunday of the month, January 16, come out for pancakes, BACON, eggs and beverages from 9:00 AM - 12:00 PM. Breakfast is \$7 per person and children 6 and under eat free. AHS restrictions apply.		
Alix Evangelical Free Church (403-747-2015)			
Worship Service	Contact Pastor Gordon Schmidt, to confirm service changes.		
Alix Family and Community Services Society (contact via Facebook @AlixFamilyandCommunityServicesSociety)			
AGM (January 18)	Our AGM will be held on Tuesday, January 18, at 6:30 PM.		
Alix Food Bank - Located at the Alix and Area Community Resource Centre	To access please call and make an appointment, all are encouraged to use this resource. Now located at the Alix and Area Community Resource Centre, 403-396-3369. Alternate contacts (403-350-4079) or (403-588-5199)		
Alix Preschool	Currently accepting registrations for the coming school year. We offer a licensed program focussed on development through play-based learning opportunities for 3 and 4 year olds. Contact Miss Jill to register (403-588-5199).		
Alix Figure Skating Club (403-597-8404) alixfigureskatingclub@outlook.com			
Registration Still Open	This program is suitable for aspiring hockey players, ringette players, figure skaters as well as recreational skaters. Please contact Sue Duncan to register.		
Friday Night Meat Draws	Buy tickets every Friday evening at the Alix Hotel, to support the Alix Figure Skating Club. Ticket sales begin at 6:00 PM, \$1.00 each, meat draws at 8:00 PM.		
Alix Public Library (403-747-3233) alixpublic@prl.ab.ca			
Hours	Our hours are Tuesday/ Thursday, 10:00 AM - 6:00 PM and Saturday, 10:00 AM - 4:00 PM.		
Alix United Church (403-442-3858) tro-ucmin@xplornet.com			
Sunday Service	Please contact Pastor Deborah Springer, to confirm service details.		
Alix Wagon Wheel Museum (403-747-2584) alixmuseum@gmail.com			
Low Water Perennials (January 12)	The Alix Wagon Wheel Museum is hosting this virtual event on Wednesday, January 12, at 7:00 PM. Join in to learn about low water perennials for the prairies with Verne Williams, Master Gardener. Zoom link: https://uso2web.zoom.us/j/89710894561?pwd=c3JrczdZRGRoWHhWejBmRWtJOUlBZz09		
Delburne Bottle Trailer (403-550-8714) depot.delburne@gmail.com			
In Alix on January 10	The Delburne bottle trailer will be in Alix on Monday, January 10, from 10:00 AM - 12:00 PM. Curb side pick-up is available. Book your pick-up, place your bags outside and collect your refund once we are done counting (by phone or we mail a cheque with the receipt). Call, text or email for more information.		
Green Box Recycling Pick-up Every OTHER Tuesday: January 11 and 25			
Every Tuesday and Thursday: January 11, 13, 18, 20, 25 and 27			
The Walking Club *Begins January 11*	Come to the Alix Community Hall, to join in and get active on Tuesday and Thursday mornings. All welcome.	9:00 AM	Sheila (403-350-4706)
Every FIRST and THIRD Wednesday: January 5 and 19			
Village of Alix Council Meetings	Community members are welcome. Agenda packages are available on the village website prior to meeting dates.	6:00 PM	(403-747-2495) info@villageofalix.ca
Every Thursday: January 6, 13, 20 and 27			
TOPS (January 6, 13, 20 and 27)	Meetings are held at the Alix Drop-In Center. New members are welcome. Contact Della Mae Thull, for more information.	9:00 AM	(403-747-3354)

Keeping it Local

Alix Drugs I.D.A.	Open weekdays and on Saturday. Contact our pharmacists to book the COVID-19 vaccine, Pfizer or Moderna Vaccine for ages 12+ or the Pediatric Vaccine. Asymptomatic Rapid Tests for COVID-19 can now be booked. Flu shots are available, call to book now. We deliver locally.	9:00 AM - 6:00 PM (Saturday closed at 5:00 PM)	(403-747-2405)
Alix Foods	Open daily.	Monday to Friday 9:00 AM - 7:00 PM, Saturday 9:00 AM - 6:00 PM, Sunday 11:00 AM - 5:00 PM	(403-747-2607)
Alix Gator Inn & Liquor	Chinese and western food, open daily.	Restaurant: 7:00 AM - 8:00 PM Liquor Store: 10:00 AM - 9:00 PM	(403-747-3232)
Alix Hotel	Open daily. Off Sales and takeout available for everyone. Patrons must provide proof of vaccination or a negative rapid test within 72 hours to enter the establishment. Sally's Kitchen dining room will be open from 10:00 AM - 8:00 PM for dine-in on Saturdays.	Monday to Saturday 11:00 AM - 10:00 PM, Sunday 12:00 PM - 10:00 PM	(403-747-2772) or (403-747-2711)
Alix Inn	A newly renovated Inn, located at 4704 51 Ave.	Call to Book	(403-747-2236)
Alix/ Mirror Landfill Site	Open Thursday, Friday and Saturday.	9:00 AM - 4:45 PM	(403-788-2365)
Alix Post Office	Open weekdays.	9:00 AM - 5:00 PM	(403-747-2533)
Alix Village Shoppe	Open from Tuesday to Saturday. Contact Deirdra Bagshaw (403-506-5662).	10:00 AM - 4:00 PM	Message via Facebook (403-506-5662)
Bibs to Bookbags Childcare Centre	Open and providing childcare as needed. Please contact to make arrangements.	Open Weekdays	(403-396-6587) bibstobookbags@explor.net.ca
Bottle Depot	No longer open. Thank you to all past customers.	CLOSED	(403-747-2794)
Cuckoo's	Open on Thursday to Saturday.	10:00 AM - 5:00 PM	(780-446-6038)
Cyberus Protection Services	A mobile patrol service. Visit online for rates and service details, www.cyberusprotectionservices.ca .	Call to Schedule	(403-392-5400)
Gas Plus	Open daily. Fuel up anytime with pay at the pump.	Weekdays 6:00 AM - 8:00 PM, Saturday, Sunday and Holidays 7:00 AM - 8:00 PM	(403-747-2411)
Handmade Nest	Handmade and local items, is open on Main Street. Open Tuesday to Saturday. Newly located at 4831 50 Street.	9:30 AM - 4:30 PM	(587-590-6123)
Haunted Lakes Golf Course and Campsite	Closed for the season.	Call to Book	(403-747-2330)
Home Hardware	Open from Monday to Saturday. Home or jobsite deliveries available and drive-thru pickup. Call ahead to order.	8:00 AM - 6:00 PM	(403-747-2414)
How Convenient Corner Store and Deli	Open from Monday to Saturday. Watch for new additions, meat products can also be ordered in from the local butcher.	11:00 AM - 6:00 PM	(403-747-3004)
Jay's Dollar Centre Plus	A NEW store is open on Main Street.	Monday - Saturday 9:00 AM - 6:00 PM	(403-747-2193)
Jeanne's Pizza Pantry	Open from Tuesday to Saturday. Take-out only.	4:00 PM - 8:00 PM	(403-747-2165)
Lori's Little Luxuries	Open for boutique shopping and salon services.	Monday 10:00 AM - 3:00 PM, Tuesday 10:00 AM - 5:00 PM, Wednesday/ Thursday 10:00 AM - 8:00 PM, Friday 10:00 AM - 5:00 PM and Saturday 10:00 AM - 3:00 PM	(403-358-9795)
Mom n Pops Liquor	Open daily. Call to arrange for a delivery, if needed.	Monday to Thursday 10:00 AM - 8:00 PM, Friday and Saturday 10:00 AM - 10:00 PM, Sunday 12:00 PM - 8:00 PM	(403-747-2179)
Premier Auctions	NEW to Alix, serving East Central Alberta. Located at 5109 45 Street, to view or register visit online. Now accepting consignments.	www.premierauctions.ca	(403-597-3068)
Servus Credit Union	Open from Monday to Friday.	9:30 AM - 5:00 PM	(403-747-2751)
Skybox Breakers	Located at Bay 3, 5008 50 Ave. Check out their products, open Wednesday to Sunday. Not just hockey cards, board games, puzzles and dice for everyone.	Wednesday to Saturday 10:00 AM - 6:00 PM, Sunday 11:00 AM - 5:00 PM	(403-747-2047) Skyboxbreakers@gmail.com
The Pantry	Open from Tuesday to Saturday. Take-out only.	Tuesday to Friday 10:00 AM - 3:00 PM, Saturday 10:00 AM - 2:00 PM	(403-747-2426)
Village of Alix Office	Open weekdays, closed from 12:00 PM - 1:00 PM.	8:00 AM - 4:00 PM (closed noon hour)	(403-747-2495) info@villageofalix.ca
Western Financial Group	Open Monday to Friday. No walk-in traffic, please knock and wait to be assisted.	8:30 AM - 4:30 PM	(403-747-2614) alix@westernfg.ca
Ye Old Nook	Open on Thursday, Friday and Saturday.	10:30 AM - 5:00 PM	(403-563-9001)

Email, fcsscaldar@outlook.com, with any submissions. Updated weekly and available at, www.villageofalix.ca, on the 'Living in Alix' page. Grab a copy at Home Hardware and Alix Drugs I.D.A.. Follow us on Facebook @AlixFCSS and watch for updates.

Thank you, for all of the community input and support in making this effort possible!